

A Psalms/Prayer Walk Schedule For The Counting Of The Omer

In past years we have found reading a psalm each day for prayer meditation for each of the 50 days of the *omer count* to be very worthwhile, in that not only does a planned schedule help to keep one on task spiritually to the counting of the 50 days of the omer, but the Psalms also provide us with actual prophetic scripturally based words for prayer and intercession.

In accordance with Psalm 55:17 "Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice, here is a schedule of Psalm reading /prayers using a Psalm for each day - for the morning,lunch and evening readingsn for each of the 50 days of the counting to Shavuot 2019

May YHVH keep us and bless us in Yahushua Melchizedek, *Rob* (www.inthatday.net)

Morning	Day 1	Psalm 1
Lunch		Psalm 51
Evening		Psalm 101
Morning	Day 2	Psalm 2
Lunch		Psalm 52
Evening		Psalm 102
Morning	Day 3	Psalm 3
Lunch		Psalm 53
Evening		Psalm 103
Morning	Day 4	Psalm 4
Lunch		Psalm 54
Evening		Psalm 104
Morning	Day 5	Psalm 5
Lunch		Psalm 55
Evening		Psalm 105
Morning	Day 6	Psalm 6
Lunch		Psalm 56
Evening		Psalm 106
Morning	Day 7	Psalm 7
Lunch		Psalm 57
Evening		Psalm 107
Morning	Day 8	Psalm 8
Lunch		Psalm 58
Evening		Psalm 108
Morning	Day 9	Psalm 9
Lunch		Psalm 59
Evening		Psalm 109
Morning	Day 10	Psalm 10
Lunch		Psalm 60
Evening		Psalm 110
Morning	Day 11	Psalm 11
Lunch		Psalm 61
Evening		Psalm 111

Morning	Day 12	Psalm 12
Lunch		Psalm 62
Evening		Psalm 112
Morning	Day 13	Psalm 13
Lunch		Psalm 63
Evening		Psalm 113
Morning	Day 14	Psalm 14
Lunch		Psalm 64
Evening		Psalm 114
Morning	Day 15	Psalm 15
Lunch		Psalm 65
Evening		Psalm 115
Morning	Day 16	Psalm 16
Lunch		Psalm 66
Evening		Psalm 116
Morning	Day 17	Psalm 17
Lunch		Psalm 67
Evening		Psalm 117
Morning	Day 18	Psalm 18
Lunch		Psalm 68
Evening		Psalm 118
Morning	Day 19	Psalm 19
Lunch		Psalm 69
Evening		Psalm 119
Morning	Day 20	Psalm 20
Lunch		Psalm 70
Evening		Psalm 120
Morning	Day 21	Psalm 21
Lunch		Psalm 71
Evening		Psalm 121
Morning	Day 22	Psalm 22
Lunch		Psalm 72
Evening		Psalm 122

Morning	Day 23	Psalm 23
Lunch		Psalm 73
Evening		Psalm 123
Morning	Day 24	Psalm 24
Lunch		Psalm 74
Evening		Psalm 124
Morning	Day 25	Psalm 25
Lunch		Psalm 75
Evening		Psalm 125
Morning	Day 26	Psalm 26
Lunch		Psalm 76
Evening		Psalm 126
Morning	Day 27	Psalm 27
Lunch		Psalm 77
Evening		Psalm 127
Morning	Day 28	Psalm 28
Lunch		Psalm 78
Evening		Psalm 128
Morning	Day 29	Psalm 29
Lunch		Psalm 79
Evening		Psalm 129
Morning	Day 30	Psalm 30
Lunch		Psalm 80
Evening		Psalm 130
Morning	Day 31	Psalm 31
Lunch		Psalm 81
Evening		Psalm 131
Morning	Day 32	Psalm 32
Lunch		Psalm 82
Evening		Psalm 132
Morning	Day 33	Psalm 33
Lunch		Psalm 83
Evening		Psalm 133
Morning	Day 34	Psalm 34
Lunch		Psalm 84
Evening		Psalm 134
Morning	Day 35	Psalm 35
Lunch		Psalm 85
Evening		Psalm 135
Morning	Day 36	Psalm 36
Lunch		Psalm 86
Evening		Psalm 136
Morning	Day 37	Psalm 37
Lunch		Psalm 87
Evening		Psalm 137

Morning	Day 38	Psalm 38
Lunch		Psalm 88
Evening		Psalm 138
Morning	Day 39	Psalm 39
Lunch		Psalm 89
Evening		Psalm 139
Morning	Day 40	Psalm 40
Lunch		Psalm 90
Evening		Psalm 140
Morning	Day 41	Psalm 41
Lunch		Psalm 91
Evening		Psalm 141
Morning	Day 42	Psalm 42
Lunch		Psalm 92
Evening		Psalm 142
Morning	Day 43	Psalm 43
Lunch		Psalm 93
Evening		Psalm 143
Morning	Day 44	Psalm 44
Lunch		Psalm 94
Evening		Psalm 144
Morning	Day 45	Psalm 45
Lunch		Psalm 95
Evening		Psalm 145
Morning	Day 46	Psalm 46
Lunch		Psalm 96
Evening		Psalm 146
Morning	Day 47	Psalm 47
Lunch		Psalm 97
Evening		Psalm 147
Morning	Day 48	Psalm 48
Lunch		Psalm 98
Evening		Psalm 148
Morning	Day 49	Psalm 49
Lunch		Psalm 99
Evening		Psalm 149
Morning	Day 50	Psalm 50
Lunch		Psalm 100
Evening		Psalm 150